Easy ‘No Cook’ Playdough recipe

Make your own playdough in just a few minutes! Perfect for sensory exploration, imaginative play and developing fine motor skills.

You will need:



- 2 cups plain flour
- 1 cup salt
- 2 tbsp cream of tartar
- 3 tbsp oil
- 2 cups boiling water
- Optional: Herbal teabags or food colouring

Method

1. Mix the dry ingredients (flour, salt, cream of tartar) in a bowl.
2. Add the oil
3. For colour and scent: Add food colouring to the boiling water. Alternatively, steep herbal tea bags in the boiling water for 5 minutes to release their natural colour and aroma. Gently squeeze and remove the tea bags, then measure the infused water, topping up to 1 cup if needed.
4. Pour the coloured or infused water into the dry ingredients and stir until a dough begins to form.
1. Allow to cool, then knead until smooth and soft.

If it feels sticky, add a small amont of flour and knead again

